

Place	Name	Gender	Category	Team name	Time
1	Nicholas Dennis	M	MS	Long Eaton RC	26:08.1
2	Ryan Haw	M	MS	Long Eaton RC	26:52.1
3	Greg Hopkinson	M	MS	Matlock AC	27:03.8
4	Andy Harding	M	MS	Heanor RC	27:33.8
5	Dale Annable	M	MS	Heanor RC	28:20.4
6	John Sanderson	M	M45	North Derbyshire RC	28:23.7
7	Dan Hawley	M	M40	Long Eaton RC	28:28.2
8	David Cass	M	M45	Mansfield Harriers & AC	28:32.4
9	Alex Vize	M	MS	Long Eaton RC	28:42.9
10	Stephen Horton	M	MS	Long Eaton RC	28:46.6
11	Ryan Orton	M	MS	Ripley RC	28:49.8
12	Tom Jackson	M	MS	BelperHarriers	28:53.0
13	Colin Davenport	M	M40	Matlock AC	29:08.7
14	Wykeham Bosworth-Nightingale	M	MS	BelperHarriers	29:11.4
15	Shaun Bott	M	M40	BelperHarriers	29:13.6
16	Reece Carver	M	MJ	Mansfield Harriers & AC	29:21.5
17	Craig Matthews	M	MS	Ilkeston RC	29:24.6
18	Richard Robinson	M	M40	Sutton In Ashfield Harriers	30:08.0
19	Matt Brennan	M	M40	BelperHarriers	30:14.1
20	Matthew Bottomore	M	M40	Mansfield Harriers & AC	30:19.3
21	Charlie Taylor	M	MJ	Mansfield Harriers & AC	30:23.0
22	Martin Hunt	M	MS	Long Eaton RC	30:25.1
23	Rob Plant	M	MS	Heanor RC	30:27.0
24	Mark Lay	M	M50	Long Eaton RC	30:29.0
25	Dave Brassington	M	MS	Wirksworth RC	30:31.7
25	Josh Green	M	MS	Long Eaton RC	30:51.6
27	Dean Cross	M	M55	Heanor RC	30:54.2
28	Jason Buckley	M	M50	Kimberley & District Striders	30:56.5
29	Simon Smith	M	MS	BelperHarriers	30:57.6
30	James Read	M	M45	Ilkeston RC	30:58.8
31	Matt Haywood	M	M40	Matlock AC	31:06.1
32	Gordon Humphreys	M	M45	BelperHarriers	31:08.1
33	Simon Lloyd	M	M50	Long Eaton RC	31:09.8
34	Nick Burnside	M	M50	Sutton In Ashfield Harriers	31:13.5
35	James Hart	M	M45	BelperHarriers	31:19.7
36	Wade Fodden	M	M45	Long Eaton RC	31:33.3
37	Michelle Holmes	F	FS	Sutton In Ashfield Harriers	31:36.8
38	Martin Lee	M	MS	Kimberley & District Striders	31:47.8
39	Richard West	M	MS	Ripley RC	31:54.4
40	Nick Luke	M	M60	Sutton In Ashfield Harriers	32:04.1
41	Andy Tarry	M	M50	North Derbyshire RC	32:08.6
42	Ryan Stocks	M	MS	Kimberley & District Striders	32:11.5
43	Chris Holmes	M	M40	Sutton In Ashfield Harriers	32:13.7
44	Wayne Lowe	M	M45	Mansfield Harriers & AC	32:20.1
45	Iris Clarke	F	FJ	Sutton In Ashfield Harriers	32:23.5
46	Ben Fensom	M	MS	Ilkeston RC	32:27.5
47	Ashley Deeming	M	M50	Heanor RC	32:33.1
48	Wayne Church	M	M45	North Derbyshire RC	32:34.0
49	John Thorpe	M	M40	Matlock AC	32:34.8
50	Jo Sutton	F	FS	BelperHarriers	32:35.6
51	Lewis Glover	M	M55	Wirksworth RC	32:58.1
52	Richard Ward	M	MS	Wirksworth RC	32:58.9
53	Chris Cotton	M	M45	Heanor RC	33:27.4
54	Martin Greensmith	M	MS	Sutton In Ashfield Harriers	33:36.7
55	Matthew Naylor	M	MS	BelperHarriers	33:37.8
56	Jamie Bell	M	MS	Chesapeake RR	33:39.8
57	Isaac Andrews	M	MS	BelperHarriers	33:44.4
58	Brett Belshaw	M	M40	Erewash Valley RC	33:48.8

59	Andy Paisley	M	M50	BelperHarriers	33:53.4
60	Lisa Staley	F	F50	Sutton In Ashfield Harriers	33:59.0
61	Neil Cort	M	M55	Ilkeston RC	34:02.4
62	Geoff Bottomore	M	M60	Mansfield Harriers & AC	34:06.6
63	Dan Urwin	M	MS	Sutton In Ashfield Harriers	34:07.7
64	Jordan Mitchell	M	MS	Sutton In Ashfield Harriers	34:08.9
65	Rosie Freeman	F	FS	BelperHarriers	34:17.7
66	David Horton	M	M55	BelperHarriers	34:21.1
67	Lottie Riddle	F	FS	Matlock AC	34:31.4
68	Lucy Taylor	F	F40	Matlock AC	34:46.1
69	Barnaby Read	M	MJ	Ilkeston RC	34:51.5
70	Marcus Lewis	M	M40	Erewash Valley RC	34:53.5
71	Glenn Baird	M	M55	Wirksworth RC	34:54.3
72	Ben Goodwood	M	M50	BelperHarriers	34:57.1
73	Robert Roper	M	M50	Sutton In Ashfield Harriers	34:57.9
74	Scott Thompson	M	M50	Matlock AC	34:58.7
75	Mark Lambert	M	M45	Ilkeston RC	35:05.0
76	Dom Devlin	M	MS	Kimberley & District Striders	35:06.2
77	Neil Shipley	M	M60	Chesapeake RR	35:07.1
78	Nick Ralphs	M	M45	Ripley RC	35:11.2
79	Hannah Barnett	F	FS	North Derbyshire RC	35:12.1
80	Peter Johnston	M	M45	Wirksworth RC	35:12.7
81	Sophie Toyn	F	FJ	Mansfield Harriers & AC	35:22.3
82	Martin Vernon	M	M40	Sutton In Ashfield Harriers	35:24.7
83	Ed Godber	M	M45	BelperHarriers	35:26.2
84	Paul Castledine	M	M55	Mansfield Harriers & AC	35:30.1
85	Louise Rowley	F	F40	Matlock AC	35:34.1
86	Steve Robinson-Day	M	M55	Kimberley & District Striders	35:44.9
87	Simon Edwards	M	M60	Wirksworth RC	35:47.9
88	Jason Taylor	M	M45	Mansfield Harriers & AC	35:49.6
89	Jessica Denman	F	FS	Ilkeston RC	35:56.8
90	Andrew Mitchell	M	MS	Ilkeston RC	35:58.5
91	Chris Napin	M	M40	Erewash Valley RC	36:03.3
92	Ian Elliott	M	M45	Sutton In Ashfield Harriers	36:05.9
93	Mark Moriarity	M	M55	Matlock AC	36:10.9
94	Olly Pratton	M	M50	Wirksworth RC	36:16.2
95	Michael Haynes	M	M45	North Derbyshire RC	36:19.5
96	Marc Redford	M	M50	Matlock AC	36:22.5
97	John Eyley	M	MS	Sutton In Ashfield Harriers	36:23.4
98	Charlie Cotton	M	MJ	Heanor RC	36:24.3
99	David Jones	M	M40	Ilkeston RC	36:25.6
100	Martin Fickling	M	MS	Mansfield Harriers & AC	36:28.2
101	Corrina Loosemore	F	F50	Ilkeston RC	36:30.4
102	Kerstine Herbert	F	F45	Kimberley & District Striders	36:32.6
103	Derry French	M	M40	North Derbyshire RC	36:33.7
104	Glen Weston	M	M55	Kimberley & District Striders	36:34.6
105	Chris Frost	M	MS	Ripley RC	36:35.6
106	Billy McCafferty	M	MS	Long Eaton RC	36:36.7
107	Rob Underwood	M	M45	BelperHarriers	36:38.1
108	Richard Iliffe	M	M50	Ilkeston RC	36:39.2
109	Margret Mason	F	F50	BelperHarriers	36:40.2
110	Patrick Fitzgerald	M	M55	Long Eaton RC	36:41.5
111	Laura Gapski	F	F40	Ripley RC	36:48.7
112	Esther Broughton	F	F45	BelperHarriers	36:55.9
113	Pete Edwards	M	M55	Heanor RC	37:05.9
114	Adam Robinson	M	MS	BelperHarriers	37:07.8
115	Mark Trolley	M	MS	North Derbyshire RC	37:08.6
116	Anna Harding	F	FS	Heanor RC	37:09.4
117	Cath Brown	F	FS	Long Eaton RC	37:10.3

118	Joanne Howett	F	F50	BelperHarriers	37:12.7
119	Mark Steele	M	M50	BelperHarriers	37:15.2
120	Dan Gooch	M	MS	Kimberley & District Striders	37:17.5
121	Isobel Shipley	F	FJ	Chesapeake RR	37:19.8
122	Charlotte Dye	F	F45	BelperHarriers	37:22.0
123	Becky Curtis Hall	F	F40	Matlock AC	37:27.4
124	Georgina Riley	F	FS	Heanor RC	37:34.9
125	Robin Damion	M	M55	Kimberley & District Striders	37:40.3
126	Sarah Hill	F	F45	Ripley RC	37:41.8
127	Bethany Dye	F	FS	BelperHarriers	29:55.1
128	Adrian McCordick	M	M40	Chesapeake RR	37:44.2
129	Janine Barrowcliffe	F	F50	Long Eaton RC	37:46.5
130	Andy Nelson	M	M70	Heanor RC	37:51.3
131	Adrian Fowler	M	M50	BelperHarriers	37:52.8
132	Darren Knight	M	M50	Chesapeake RR	37:55.6
133	Martin Picker	M	M50	Ripley RC	37:56.8
134	Liz Bamford	F	FS	Ilkeston RC	37:57.8
135	Liam Tivey	M	MS	Sutton In Ashfield Harriers	37:58.9
136	Penny Plummer	F	F40	Long Eaton RC	38:01.4
137	Alan Maplethorpe	M	M60	Long Eaton RC	38:03.6
138	Jayne Lynas	F	F45	Heanor RC	38:05.4
139	Sarah Edwards	F	F40	Erewash Valley RC	38:09.0
140	Ryan Millican	M	MS	BelperHarriers	38:11.1
141	Rob Gooch	M	M60	Kimberley & District Striders	38:12.8
142	Kate Ruffell	F	F55	Matlock AC	38:16.7
143	Mick Moorhouse	M	M70	Matlock AC	38:21.9
144	Eve Taylor	F	FS	Kimberley & District Striders	38:31.2
145	Gordon Cresswell	M	M65	Matlock AC	38:47.8
146	Daniel Fitchett	M	MS	Chesapeake RR	38:54.6
147	Paul Bowden	M	M60	North Derbyshire RC	38:58.8
148	Bob Frake	M	M50	Heanor RC	39:01.6
149	Fraser Thompson	M	M60	Long Eaton RC	39:06.0
150	Andy Naylor	M	MS	BelperHarriers	39:09.3
151	Rachel Lee	F	F40	Long Eaton RC	39:14.0
152	Anton Newell	M	M55	Sutton In Ashfield Harriers	39:23.4
153	Kat Davey	F	FS	Wirksworth RC	39:25.5
154	Nancy Read	F	FJ	Ilkeston RC	39:29.7
155	Anthony Marchant	M	M50	BelperHarriers	39:37.3
156	Will Whittell	M	M40	Chesapeake RR	39:49.5
157	Sarah Witham	F	F45	Matlock AC	39:50.8
158	Ruby Vickers	F	FJ	Sutton In Ashfield Harriers	39:51.9
159	Nicky Dick	F	F60	Matlock AC	38:24.4
160	Zoe Attenborough	F	FS	Kimberley & District Striders	39:54.6
161	Robert Curtis	M	M50	Matlock AC	39:56.8
162	Sarah Jackson	F	FS	BelperHarriers	40:00.9
163	Priya Agheda	F	F40	Ripley RC	40:14.7
164	Yuk Wah Tsang	M	M45	Long Eaton RC	40:19.3
165	Claire Croll	F	F45	Mansfield Harriers & AC	40:24.5
166	Stephen Wickham	M	M60	Erewash Valley RC	40:31.2
167	Kate Simpson	F	F45	Sutton In Ashfield Harriers	40:38.1
168	Matt Peel	M	M45	Long Eaton RC	40:39.6
169	Lloyd Owen	M	MS	Long Eaton RC	40:44.6
170	Susan Pinder	F	F60	Heanor RC	40:46.3
171	Holly Colton	F	FS	Mansfield Harriers & AC	40:51.6
172	Helen Elliff	F	F40	Wirksworth RC	40:54.8
173	Rob Pearce	M	M50	BelperHarriers	41:05.1
174	Mark Salisbury	M	M45	Sutton In Ashfield Harriers	41:05.9
175	Emma Bennett	F	F50	Ilkeston RC	41:13.8
176	Mark Burr	M	M55	Mansfield Harriers & AC	41:14.8

177	Rob Stone	M	M50	Chesapeake RR	41:19.9
178	Grace Walker	F	FS	North Derbyshire RC	41:23.7
179	Pete Weldon	M	M55	Mansfield Harriers & AC	41:42.8
180	Aston Cassidy	M	MS	Kimberley & District Striders	41:44.0
181	Natasha Carver	F	F45	Mansfield Harriers & AC	41:31.2
182	Steve Monaghan	M	M60	North Derbyshire RC	41:44.8
183	Myles Tarnai Wilson	M	M55	Kimberley & District Striders	41:58.6
184	Dennis Holmes	M	M55	Matlock AC	42:02.0
185	Tim Bournell	M	M55	BelperHarriers	42:04.7
186	Tara Oxley	F	FS	Ilkeston RC	42:06.5
187	Liz Abrahams	F	F50	Wirksworth RC	41:48.7
188	Wayne Handley	M	M50	Erewash Valley RC	42:10.5
189	Martyn Smith	M	M50	Sutton In Ashfield Harriers	42:14.5
190	Roy Woods	M	M55	Ilkeston RC	42:17.1
191	Shaun Arrowsmith	M	M50	Mansfield Harriers & AC	42:20.8
192	David Saunders	M	M60	Kimberley & District Striders	42:23.4
193	Chris Hubbard	M	M55	Wirksworth RC	42:26.6
194	Bethan Nadin	F	FS	Wirksworth RC	42:32.0
195	Stuart Whittaker	M	M70	Erewash Valley RC	42:41.7
196	Rachel Clark	F	F50	BelperHarriers	42:54.4
197	Jen Turner	F	FS	Kimberley & District Striders	42:57.0
198	Jo Potter	F	F50	Heanor RC	42:58.6
199	Kevin Botto	M	M60	Ilkeston RC	43:00.2
200	Stuart Shipley	M	M60	Chesapeake RR	43:05.0
201	Kerry Anderson	F	F45	North Derbyshire RC	43:10.0
202	Cath Benson	F	F55	Long Eaton RC	43:19.3
203	Helen Slack	F	F45	North Derbyshire RC	43:22.1
204	Penny McCloy	F	F55	Matlock AC	43:31.0
205	Gayle Hutchinson	F	F45	Sutton In Ashfield Harriers	43:32.8
206	Nikki Barker	F	F40	Long Eaton RC	43:35.4
207	Steven Thomas	M	M40	Erewash Valley RC	43:36.1
208	Pete Collinge	M	M70	Ripley RC	43:41.8
209	Alison Butlin	F	F50	Ripley RC	43:42.9
210	Emma Hicken	F	F40	North Derbyshire RC	43:50.7
211	Paul Mercer	M	M45	Heanor RC	44:15.7
212	Jan Forrester	F	F70	BelperHarriers	44:20.6
213	Andrew Bradley	M	M50	Erewash Valley RC	44:27.6
214	Robin Mitchell	M	M50	BelperHarriers	44:32.9
215	Alex Lee	F	FS	Sutton In Ashfield Harriers	44:34.5
216	Paul Boothroyd	M	M60	Erewash Valley RC	44:49.3
217	Shane Walker	M	M45	Chesapeake RR	45:13.7
218	Nicola Dodds	F	F50	Sutton In Ashfield Harriers	45:26.8
219	Lynne Andrews	F	F55	Long Eaton RC	45:28.0
220	Rosemary Arris-Pratt	F	F60	Sutton In Ashfield Harriers	45:29.9
221	Richard Hickling	M	M50	BelperHarriers	45:41.7
222	Bev Barnes	F	F60	Kimberley & District Striders	45:54.9
223	Jay Bird	M	MS	Ripley RC	46:00.4
224	Rita Fisher	F	F60	Heanor RC	46:03.6
225	Kerry Askin	F	FS	Chesapeake RR	46:17.2
226	Claire Steele	F	F50	Chesapeake RR	46:27.0
227	Steven Beard	M	M60	North Derbyshire RC	46:37.7
228	Caroline Wickham	F	F60	Erewash Valley RC	46:50.7
229	Mandy Curtis	F	F40	North Derbyshire RC	46:55.9
230	Jules Nicholson	F	F45	Chesapeake RR	46:56.6
231	Nicola Photiou	F	F40	Erewash Valley RC	46:57.8
232	Rob Terry	M	M50	BelperHarriers	47:07.5
233	Louise Palmer	F	F45	North Derbyshire RC	47:30.8
234	Sarah Millican	F	F45	BelperHarriers	47:57.4
235	Kevin Roughton	M	M50	Long Eaton RC	48:17.5

236	Michelle Simpkin	F	F55	Mansfield Harriers & AC	48:44.4
237	John Wright	M	M40	Long Eaton RC	49:32.1
238	Simon Burch	M	M50	Chesapeake RR	49:42.8
239	Dianne Hill	F	F40	Erewash Valley RC	49:56.3
240	Cath James	F	F40	Long Eaton RC	50:28.0
241	Carole Fickling	F	F65	Mansfield Harriers & AC	50:58.2
242	Neil Roberts	M	M50	Erewash Valley RC	53:08.9
243	Aileen Stone	F	F50	Chesapeake RR	53:22.1
244	Emily Eadson	F	FS	Chesapeake RR	53:37.5
245	Nat Brown	F	F45	Kimberley & District Striders	54:41.4
246	Clive Larratt	M	M70	Sutton In Ashfield Harriers	55:38.4
247	Sharon Collis	F	F50	North Derbyshire RC	56:08.2
248	Michaela Lewis	F	F50	North Derbyshire RC	56:09.2
249	Val Lindey	F	F70	Long Eaton RC	56:10.5
250	Peter Holden	M	M70	Ilkeston RC	56:58.7
251	Fiona Green	F	F50	Sutton In Ashfield Harriers	57:56.5
252	Heather Wesson	F	FS	Heanor RC	58:24.7
253	Leonard Foulk	M	M55	Wirksworth RC	58:27.6
254	Helen Whitham	F	F45	Kimberley & District Striders	59:57.6
255	Angela Henson	F	F40	Kimberley & District Striders	59:58.8
256	Phil Sharpe	M	M70	Chesapeake RR	01:12.8