

Place	Name	Gender	Category	Team name	Time
1	Lewis Boswell	M	MS	Mansfield Harriers & AC	25:15.4
2	Luke Beresford	M	M40	Matlock AC	25:26.7
3	Daniel Nugent	M	M45	Mansfield Harriers & AC	25:40.4
4	Jacob Nugent	M	MJ	Mansfield Harriers & AC	25:49.7
5	Richie Talbot	M	MS	Mansfield Harriers & AC	25:50.6
6	Adam Holland	M	MS	BelperHarriers	25:51.7
7	Reece Carver	M	MJ	Mansfield Harriers & AC	25:54.7
8	Ryan Orton	M	MS	Ripley RC	26:22.6
9	Jack Broughton	M	MS	Ilkeston RC	26:28.1
10	John Sanderson	M	M45	North Derbyshire RC	26:29.5
11	Aaron Higgs	M	M40	Long Eaton RC	26:49.7
12	David Cass	M	M45	Mansfield Harriers & AC	26:51.7
13	Adam Wright	M	MS	Mansfield Harriers & AC	26:55.7
14	Steve Gascoyne	M	M45	North Derbyshire RC	27:05.5
15	Matt Jones	M	M50	Ripley RC	27:07.6
16	Tom Jackson	M	MS	BelperHarriers	27:13.5
17	Jack Pears	M	MJ	Mansfield Harriers & AC	27:20.7
18	Simon Fisher	M	MS	Mansfield Harriers & AC	27:22.8
19	George Holden	M	MS	Mansfield Harriers & AC	27:24.6
20	Joe Young	M	MJ	BelperHarriers	27:25.5
21	Joe Henstock	M	MS	Mansfield Harriers & AC	27:30.7
22	Matthew Bottomore	M	M40	Mansfield Harriers & AC	27:32.6
23	Rob Kendrick	M	MS	Mansfield Harriers & AC	27:34.3
24	Mark Lay	M	M50	Long Eaton RC	27:36.7
25	Andy Young	M	M45	BelperHarriers	27:40.0
26	Joshua Hazeldine	M	MS	Ilkeston RC	27:43.0
27	Matt Brennan	M	M40	BelperHarriers	27:51.6
28	Charlie Taylor	M	MJ	Mansfield Harriers & AC	28:06.1
29	Shaun Bott	M	M40	BelperHarriers	28:09.5
30	Matt Hammund	M	MS	Kimberley & District Striders	28:11.6
31	Rob Plant	M	MS	Heanor RC	28:13.8
32	Chris Holmes	M	M40	Sutton In Ashfield Harriers	28:17.2
33	Wykeham Bosworth-Nightingale	M	MS	BelperHarriers	28:18.1
34	Nick Burnside	M	M50	Sutton In Ashfield Harriers	28:19.4
35	Daniel Thomas	M	M45	Ripley RC	28:20.7
36	Ryan Stocks	M	MS	Kimberley & District Striders	28:22.9
37	Simon Brealy	M	MS	BelperHarriers	28:25.3
38	James Hart	M	M40	BelperHarriers	28:29.3
39	Edward James	M	M40	Matlock AC	28:31.6
40	Tom Blythe	M	MJ	Heanor RC	28:33.4
41	Lewis Whiting	M	MS	Ilkeston RC	28:34.5
42	David Robertson	M	MS	Matlock AC	28:36.0
43	Chris White	M	MS	Sutton In Ashfield Harriers	28:38.2
44	Tom Welham	M	MS	Sutton In Ashfield Harriers	28:41.3
45	Dan Adams	M	MJ	Mansfield Harriers & AC	28:46.2
46	Darren Spibey	M	M40	Matlock AC	28:48.7
47	Paul Whittleton	M	M45	Ilkeston RC	28:51.5
48	Jamie Bell	M	MS	Chesapeake RR	28:54.4
49	Andy Aiston	M	MS	Ilkeston RC	28:56.2
50	Richard Holden	M	M55	Mansfield Harriers & AC	28:57.7
51	Paul Lewis	M	M50	Long Eaton RC	28:59.4

52	Oli Braybrook	M	MS	Kimberley & District Striders	29:02.7
53	Fraser Bain	M	M40	Mansfield Harriers & AC	29:04.0
54	Mike Bland	M	MS	Long Eaton RC	29:06.4
55	Richard Howe	M	MS	Long Eaton RC	29:14.1
56	Nick Luke	M	M60	Sutton In Ashfield Harriers	29:18.0
57	Simon Nash	M	M55	Long Eaton RC	29:32.2
58	Gordon Humphreys	M	M45	BelperHarriers	29:33.1
59	James Mo	M	M45	Kimberley & District Striders	29:34.0
60	John Thorpe	M	M40	Matlock AC	29:36.1
61	Harry Lynch	M	MS	Heanor RC	29:36.8
62	Ben Fensom	M	MS	Ilkeston RC	29:41.4
63	Greg Hopkinson	M	MS	Matlock AC	29:47.5
64	Peter Johnston	M	M45	Wirksworth RC	29:55.4
65	Martin Lee	M	MS	Kimberley & District Striders	29:57.8
66	Andy Bucknell	M	MS	BelperHarriers	30:00.6
67	Josh Green	M	MS	Long Eaton RC	30:08.7
68	Andy Walker	M	M45	Mansfield Harriers & AC	30:14.3
69	Owen Lynas	M	MJ	Heanor RC	30:18.7
70	Maxwell Crow	M	MS	Sutton In Ashfield Harriers	30:20.9
71	Luke McGarry Kirk	M	MJ	Mansfield Harriers & AC	30:21.4
72	Isaac Andrews	M	MS	BelperHarriers	30:22.8
73	Sam Waddington	M	MS	Ilkeston RC	30:23.4
74	Liam Johnson	M	MS	Kimberley & District Striders	30:24.1
75	Ashley Deeming	M	M50	Heanor RC	30:25.8
76	Matt Haywood	M	M40	Matlock AC	30:28.7
77	Richard Ward	M	MS	Wirksworth RC	30:40.5
78	Tinofara Chiku	M	MS	Matlock AC	30:46.9
79	Luke Woodiwiss	M	M40	Long Eaton RC	30:47.7
80	Tom Pearce	M	MS	Long Eaton RC	30:50.6
81	Lewis Glover	M	M55	Wirksworth RC	30:52.1
82	Clive Buck	M	M45	Mansfield Harriers & AC	31:01.1
83	David Horton	M	M55	BelperHarriers	31:03.6
84	Richard West	M	MS	Ripley RC	31:05.8
85	Geoff Bottomore	M	M60	Mansfield Harriers & AC	31:07.3
86	Jamie Ellis	M	M40	Sutton In Ashfield Harriers	31:09.4
87	Marcel Darling	M	M50	BelperHarriers	31:10.9
88	John Reynolds	M	M40	Ilkeston RC	31:12.6
89	David Feeley	M	MS	Ilkeston RC	31:16.2
90	Carl Wright	M	M45	Matlock AC	31:20.4
91	Duncan Mycroft	M	M60	Sutton In Ashfield Harriers	31:24.3
92	Aston Cassidy	M	MS	Kimberley & District Striders	31:32.9
93	Neil Worthy	M	M40	Ripley RC	31:37.9
94	Andrew Mitchell	M	MS	Ilkeston RC	31:40.3
95	Matt Nicholls	M	MS	Ripley RC	31:45.6
96	Dan Broughton	M	MS	Ilkeston RC	31:47.9
97	Daniel Urwin	M	MS	Sutton In Ashfield Harriers	31:48.6
98	Darren Hayes	M	M45	Sutton In Ashfield Harriers	31:50.5
99	Joe Fell	M	MS	Sutton In Ashfield Harriers	31:53.1
100	Caleb Deakin	M	MS	Long Eaton RC	31:55.6
101	Darren Singleton	M	M40	BelperHarriers	31:56.5
102	Matt Taylor	M	MS	North Derbyshire RC	31:58.3
103	Richard Cliff	M	M60	Long Eaton RC	32:01.6
104	Samuel Edwards	M	MJ	Heanor RC	32:10.9

105	Peter Baker	M	M50	BelperHarriers	32:13.2
106	Iyan Bunhejee	M	M40	Kimberley & District Striders	32:15.6
107	Andy Wetherill	M	M65	Mansfield Harriers & AC	32:17.3
108	Matt Govan	M	MS	Matlock AC	32:18.9
109	Charlie Cotton	M	MJ	Heanor RC	32:21.4
110	Jason Taylor	M	M50	Mansfield Harriers & AC	32:22.3
111	Andy Paisley	M	M50	BelperHarriers	32:23.6
112	Ben Hurdis	M	MS	Ilkeston RC	32:24.6
113	Jason Redfern	M	MS	North Derbyshire RC	32:29.9
114	Darran Furness	M	M45	Ilkeston RC	32:40.6
115	David Jones	M	M40	Ilkeston RC	32:45.5
116	Tom Palforeyman	M	MS	Matlock AC	32:50.2
117	Simon Tooth	M	M40	Kimberley & District Striders	32:54.6
118	Chris Jordan	M	M45	BelperHarriers	33:00.6
119	Simon Severn	M	M40	Ilkeston RC	33:07.1
120	Josh Veasy	M	MS	Long Eaton RC	33:11.1
121	Chris Laban	M	M45	Kimberley & District Striders	33:14.4
122	Gary Lowde	M	M40	Sutton In Ashfield Harriers	33:21.5
123	Steve Elliff	M	MS	Wirksworth RC	33:25.2
124	Neil Shipley	M	M60	Chesapeake RR	33:28.5
125	Robert Roper	M	M50	Sutton In Ashfield Harriers	33:29.5
126	Pete Edwards	M	M55	Heanor RC	33:35.6
127	Dan Follon	M	MS	Ilkeston RC	33:39.2
128	Jordan Mitchell	M	MS	Sutton In Ashfield Harriers	33:45.1
129	Dan Gooch	M	MS	Kimberley & District Striders	33:47.9
130	Andy Rose	M	M40	Wirksworth RC	33:49.1
131	Darren Dudsley	M	M40	Kimberley & District Striders	33:50.2
132	Jon Lynch	M	M40	Heanor RC	33:52.6
133	Ken Jeffery	M	M55	BelperHarriers	33:57.8
134	Liam Tivey	M	MS	Sutton In Ashfield Harriers	33:59.4
135	Pete Orme	M	M60	Heanor RC	34:04.0
136	Glen Salked	M	M45	Heanor RC	34:06.8
137	Gavin Elliott	M	M45	Matlock AC	34:07.9
138	Will Chang	M	M40	Long Eaton RC	34:12.9
139	Robin Damion	M	M55	Kimberley & District Striders	34:13.9
140	Will Sharp	M	MS	North Derbyshire RC	34:17.4
141	Paul Taylor	M	M60	North Derbyshire RC	34:21.4
142	Sam Thomas	M	MS	Ilkeston RC	34:23.0
143	William Horsepool	M	M40	Sutton In Ashfield Harriers	34:26.7
144	Andy Nelson	M	M70	Heanor RC	34:31.3
145	Mark Crawshaw	M	M55	Wirksworth RC	34:35.2
146	Bryce Askin	M	MJ	Chesapeake RR	34:39.1
147	Adam Robinson	M	MS	BelperHarriers	34:41.7
148	Gary Jones	M	M40	Matlock AC	34:49.9
149	Lloyd Andrews	M	M40	Kimberley & District Striders	35:01.6
150	Dave Carver	M	M50	Mansfield Harriers & AC	35:02.7
151	Dave Riley	M	M65	Long Eaton RC	35:03.5
152	Paul Hughes	M	M50	Sutton In Ashfield Harriers	35:04.5
153	Daniel Fitchett	M	MS	Chesapeake RR	35:08.2
154	Alan Maplethorpe	M	M60	Long Eaton RC	35:16.0
155	Rob Pruszek	M	M50	Sutton In Ashfield Harriers	35:21.2
156	Kevin Purser	M	M45	Chesapeake RR	35:26.3
157	Andy Naylor	M	MS	BelperHarriers	35:27.4

158	Nathan Knowles	M	M5	Ilkeston RC	35:47.9
159	Edward Bacon	M	M55	Sutton In Ashfield Harriers	35:49.7
160	Dale Peakall	M	M50	Matlock AC	35:51.1
161	Richard Brown	M	M45	BelperHarriers	35:55.7
162	Simon Hackett	M	M50	BelperHarriers	36:02.1
163	Richard Wilkinson	M	M60	Long Eaton RC	36:03.2
164	Patrick Fitzgerald	M	M55	Long Eaton RC	36:04.2
165	James Wilson	M	M40	Sutton In Ashfield Harriers	36:06.7
166	Mark Burr	M	M55	Mansfield Harriers & AC	36:15.2
167	Simon Edwards	M	M60	Wirksworth RC	36:24.3
168	Daniel Crow	M	M45	Sutton In Ashfield Harriers	36:26.8
169	Andrew Ball	M	M55	Ripley RC	36:29.6
170	Dave Spencer	M	M60	Wirksworth RC	36:32.9
171	Jay Bird	M	M5	Ripley RC	36:35.9
172	Steve Williams	M	M60	Sutton In Ashfield Harriers	36:38.1
173	Yuk Wah Tsang	M	M45	Long Eaton RC	36:42.1
174	Steve Monaghan	M	M60	North Derbyshire RC	36:59.8
175	Steve Gill	M	M55	Matlock AC	37:01.1
176	Fraser Thompson	M	M60	Long Eaton RC	37:11.9
177	Dom Devlin	M	M5	Kimberley & District Striders	37:13.6
178	Anthony Marchant	M	M50	BelperHarriers	37:17.3
179	Darren Knight	M	M50	Chesapeake RR	37:20.9
180	Mark Oakley	M	M50	Kimberley & District Striders	37:23.3
181	Gaz Taylor	M	M5	Kimberley & District Striders	37:34.0
182	Will Whittell	M	M40	Chesapeake RR	37:35.1
183	Adrian Fowler	M	M50	BelperHarriers	37:39.0
184	Mark Salisbury	M	M45	Sutton In Ashfield Harriers	37:47.8
185	Ed Meadows	M	M40	North Derbyshire RC	37:49.9
186	Chris O'Donnell	M	M50	Ripley RC	37:53.3
187	Malcolm Plant	M	M60	Sutton In Ashfield Harriers	38:02.1
188	Tony Theaker	M	M45	Sutton In Ashfield Harriers	38:10.5
189	John Pummell	M	M50	North Derbyshire RC	38:13.4
190	Paul Coe	M	M65	Kimberley & District Striders	38:17.0
191	Lee Sanderson	M	M45	Sutton In Ashfield Harriers	38:17.9
192	Nick Verity	M	M50	Ilkeston RC	38:18.9
193	David Elsom	M	M45	North Derbyshire RC	38:19.4
194	Alan Ashburner	M	M65	North Derbyshire RC	38:20.8
195	Carl Rawson	M	M45	North Derbyshire RC	38:27.3
196	William Breslin	M	M45	Chesapeake RR	38:32.9
197	Robert Softley	M	M5	Chesapeake RR	38:33.6
198	Rob Pearce	M	M50	BelperHarriers	38:57.7
199	Dave Sewell	M	M50	Long Eaton RC	39:08.3
200	Stuart Shipley	M	M65	Chesapeake RR	39:11.3
201	Rob Gooch	M	M60	Kimberley & District Striders	39:18.3
202	Wil Ditheridge	M	M45	Long Eaton RC	39:30.2
203	Nick Tennant	M	M65	Kimberley & District Striders	39:33.2
204	John Murray	M	M60	North Derbyshire RC	39:40.2
205	Keith Brown	M	M60	Sutton In Ashfield Harriers	39:53.7
206	Jamie Glazebrook	M	M55	North Derbyshire RC	39:56.4
207	Steven Williams	M	M50	Long Eaton RC	40:11.0
208	David Walsh	M	M60	Sutton In Ashfield Harriers	40:17.6
209	Dennis Holmes	M	M60	Matlock AC	40:18.3
210	Jason Buckley	M	M50	Kimberley & District Striders	40:23.3

211	Gary Peet	M	M50	Mansfield Harriers & AC	40:25.6
212	George Denton	M	MS	Mansfield Harriers & AC	40:28.6
213	Pete Collinge	M	M70	Ripley RC	40:31.4
214	John Pickering	M	Ms	Long Eaton RC	40:47.6
215	Kevin Loftus	M	M60	North Derbyshire RC	40:58.7
216	Seamus Carroll	M	M60	North Derbyshire RC	41:13.9
217	Steve White	M	M65	Long Eaton RC	41:15.8
218	Anton Newell	M	M55	Sutton In Ashfield Harriers	41:33.0
219	Paul Donald	M	MS	BelperHarriers	41:35.1
220	Steve Burden	M	M50	North Derbyshire RC	41:38.4
221	Simon Burch	M	M50	Chesapeake RR	41:55.0
222	Julian Bloor	M	M50	Ilkeston RC	41:57.7
223	Brian Clements	M	M65	Wirksworth RC	42:04.4
224	John Wright	M	M40	Long Eaton RC	42:10.6
225	Andrew Elliott	M	M55	North Derbyshire RC	42:50.7
226	Mark Hanman	M	M50	Sutton In Ashfield Harriers	42:51.2
227	Martyn Smith	M	M50	Sutton In Ashfield Harriers	42:53.7
228	Rob Terry	M	M50	BelperHarriers	42:54.4
229	Martin Greensmith	M	MS	Sutton In Ashfield Harriers	42:57.8
230	Gary Bates	M	M50	North Derbyshire RC	42:58.6
231	Guy Wilkes	M	M45	Long Eaton RC	43:07.8
232	Pete Copcutt	M	M65	Mansfield Harriers & AC	43:15.3
233	Les Thurston	M	M70	Matlock AC	43:22.9
234	David Ward	M	M60	Mansfield Harriers & AC	43:30.7
235	Michael O'Brien	M	M70	Kimberley & District Striders	43:40.4
236	Andy Green	M	M60	Sutton In Ashfield Harriers	44:10.9
237	Shane Walker	M	M45	Chesapeake RR	44:12.2
238	Kevin Roughton	M	M50	Long Eaton RC	45:03.7
239	Colin Hicks	M	M60	Heanor RC	45:28.2
240	Richard Bower	M	M60	Ilkeston RC	47:27.7
241	Mark Stevens	M	M70	BelperHarriers	48:10.7
242	Clive Larratt	M	M70	Sutton In Ashfield Harriers	49:11.4
243	Damian Cowlshaw	M	M60	Long Eaton RC	51:35.7